



YOUR CHILD'S DEVELOPMENTAL MILESTONES

Age: About 2 years

Motor Skills

- Feeds self with a spoon.
- Able to drink from a straw.
- Walks up stairs with help.
- Opens cabinets and drawers.
- Bends over to pick things up without falling.
- Builds a tower of 3-4 blocks.
- Can roll and kick a large ball.
- Begins to run.
- May show a preference for one hand over the other.
- Scribbles spontaneously.

Cognitive Skills

- Begins make believe play.
- Enjoys taking things apart.
- Wants to explore her surroundings.
- Can and will follow directions.
- Can point to 5-6 different body parts when asked.
- Enjoys looking at the same books over and over again.
- May express interest in potty training.

Social Skills And Language

- Has a vocabulary that includes several hundred words.
- Begins to use 2-3 word sentences.
- Learning to take turns with other children but generally plays along side, rather than with other children.
- Gets angry and may have temper tantrums.
- Possessive of his toys.
- Refers to self either by name or by using "me" or "mine".
- Acts shy around strangers.
- Likes to imitate parents or caregiver.

Red Flags

If by 2 years of age you have noticed any of the following signs, discuss them with your pediatrician or nurse practitioner. Although all children mature at different rates, failure to reach certain milestones *could* indicate a developmental problem requiring special attention.

- Your child does not imitate actions or words
- Your child does not follow simple instructions
- Your child cannot push a wheeled toy
- Your child does not use two word sentences